

MAY2016 Menu - Renton Senior Activity Center

*Our home style meals are prepared on-site and made fresh daily.
Sometimes we must make substitutions. Milk is offered at every meal.*

Questions? Please contact Chef and Site Coordinator Charles Turner of Sound Generations at (425)-254-1128

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Caesar Salad Tomato Soup Bread w/butter Peaches	Fried Catfish Coleslaw Bread w/butter Tropical Fruit	Smothered Pork Loin Rice w/Gravy Mixed Vegetables Roll w/butter Pears	BBQ Chicken Sandwich Potato Salad Carrots Apple Sauce	Meat loaf Mashed Potatoes w/ Gravy Mixed Vegetables Peaches Mother's Day Lunch
9	10	11	12	13
Split Pea Soup w/ Ham Green Salad Bread w/butter Tropical Fruit	Ham & Cheese Quiche Green Salad Bread w/ butter Pears	Ivar's Clam Chowder Chicken Caesar Salad Peaches	BBQ Pork Sandwich Coleslaw Baked Beans Apple Sauce	Chicken Noodle Soup w/ Peas & Carrots Green Salad Pears
16	17	18	19	20
Baked Chicken Breast Rice w/Gravy Mixed Vegetables Peaches	Sausage w/ Cabbage & Peppers Rice w/Gravy Cornbread Tropical Fruit	Creamy Chicken Over Biscuits w/Peas & Carrots Pears	Jambalaya Rice Cornbread Mixed Vegetables Peaches	Curry Chicken over Rice Green Salad Bread w/ butter Apple Sauce
23	24	25	26	27
Opened Faced Turkey Sandwich Mashed Potatoes w/Gravy Mixed Vegetables Peaches	Smothered Pork Loin Rice w/Gravy Mixed Vegetables Tropical Fruit	Smoked BBQ Chicken Breast Coleslaw Roll w/ butter Pears	Chef Salad w/ Ham Chicken, Egg Tomato, Cheese & Dressing Peaches	Beef Chili Cornbread Salad Peaches
30	31			
MEMORIAL DAY NO LUNCH	Fried Chicken Wings Cornbread Mixed Vegetables Peaches	NATIONAL BBQ MONTH	We welcome your Feedback. Please fill out a comment card!	We accept cash or EBT cards. It helps us a lot if You have correct Change.

Updated 4/29/16