



2009 Renton Youth Track & Field Team Practice and Meet Schedule

Ages 5-8



Great Tasting Lunchmeat

Emphasis is on fun, participation and skill development.

All practices will be held at Liberty High School

Directions to meets are on reverse side.

No practice on scheduled track meet dates or where noted.

Head Coach – Jeff Stuart Asst Coach—Vicky Chappell

Donna Eken Recreation Specialist (425) 430-6700 deken@rentonwa.gov

Date	Day	Event	Time	Location
May 19	Tuesday	Mandatory Parent Orientation	6:00-7:30pm	Liberty High School Stadium
May 21	Thursday	Practice	6:00-7:00pm	Liberty High School Stadium
May 26	Tuesday	Practice-Team Pictures	6:00-7:15pm	Liberty High School Stadium
May 28	Thursday	Practice	6:00-7:00pm	Liberty High School Stadium
June 2	Tuesday	Practice– Canceled	6:00-7:00pm	Liberty High School Stadium
June 4	Thursday	In-House Practice Meet	6:00-8:00pm	Liberty High School Stadium
June 9	Tuesday	Practice	6:00-7:00pm	Liberty High School Stadium
June 11	Thursday	<i>No Practice for all ages</i> Hershey District Meet Ages 9-14	No practice	Auburn Riverside High School
June 16	Tuesday	Practice	6:00-7:00pm	Liberty High School Stadium
June 18	Thursday	Mini Meet Renton @ Auburn	5:30-8:30pm	Auburn High School
June 23	Tuesday	Practice	6:00-7:00pm	Liberty High School Stadium
June 25	Thursday	Mini Meet Issaquah @ Renton	6:00-8:30pm	Liberty High School Stadium
June 27	Saturday	Hershey State Meet– Ages 9-14 Qualifiers only	TBA	Lacey, Washington
June 30	Tuesday	Practice	6:00-7:00pm	Liberty High School Stadium
July 2	Thursday	Mini Meet Snoqualmie Valley @ Renton	6:00-8:30pm	Liberty High School Stadium
July 7	Tuesday	Practice	6:00-7:00pm	Liberty High School Stadium
July 9	Thursday	All City Meet– Liberty High School	5:30-8:30pm	Liberty High School Stadium

Liberty High School 16655 SE 136th Renton WA 98059

City of Renton Community Services Department-Recreation Division

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2009 Renton Youth Track & Field Team Directions

Liberty High School Stadium (16655 SE 136th Renton WA 98059)

405 South Bound. Take exit 4. Go one block on Sunset Blvd. Turn left onto NE 3rd (becomes NE 4th then 128th) and travel approximately 3.5 miles. Turn right onto 168th St and go straight ahead to the stop sing. 168th dead ends into the parking lot of Liberty High School.

405 North Bound. Take exit 4B. Turn right under freeway onto Sunset Blvd. Turn right onto NE 3rd (becomes NE 4th then 128th) and travel approximately 3.5 miles. Turn right onto 168th St and go straight ahead to the stop sing. 168th dead ends into the parking lot of Liberty High School. PLEASE NOTE: Travel to the end of the parking lot by the tennis courts, the school will be on your right. The stadium is located just behind the school.

Renton Memorial Stadium (406 Logan Ave. N., Renton, WA 98055)

Southbound I-405

Take exit #4 (Sunset Blvd.) at first stoplight/intersection take a right onto 4th Street. Road will curve (but does not take any hard turns). Follow for approximately a mile or two. Stadium will be in front of you at road's end.

Northbound I-405

Take exit #4B (Bronson Way). Take a right at end of off ramp (back under I-405). Take very next right turn onto Sunset Blvd. Take very next left onto NE 4th Street (follow directions above from 4th Street).

Auburn High School (Auburn Memorial Stadium) (800 4th St NE, Auburn, WA 98002)

Take Hwy 167 (Valley Freeway) South for 10.3 miles. Take the "15th Street NW" Exit. Turn Left on 15th Street and continue for 1.2 miles. Turn Right on Auburn Way N. and go South for .8 miles. Turn Left on 4th Street NE and go East for .3 miles. Auburn Memorial Stadium will be on your left.

Auburn Riverside High School Stadium (501 Oravetz Road SE, Auburn, WA 98092.)

Take Hwy 167 (Valley Freeway) South. Take the Algona Pacific Exit. Turn Left on Ellison Road. Turn Right on A Street SE. Road name changes to E Valley Hwy E. Turn left onto Lakeland Hills Way SE. Turn left on Oravetz Road SE.

Issaquah High School Stadium (700 2nd Ave SE, Issaquah, WA, 98027)

Eastbound I-90 take Exit 17. Turn right onto Front Street. Turn left on Sunset Way. Turn right on 2nd Ave. School is located on the left. From May Valley Road/Issaquah Hobart Road. Travel west on Issaquah Hobart Road towards Issaquah. . Turn right on 2nd Ave. School is located on the right.

Mount Si High School (8651 Meadowbrook Way SE, Snoqualmie, WA 98065)

Take I-90 eastbound (towards Snoqualmie Pass). Take exit #27 (Snoqualmie). Take a left at end of off ramp onto SE North Bend Way (follow for a mile or two). Take a left onto Meadowbrook Way SE. At railroad tracks take a left onto Railroad Ave. SE. Take a right onto Delta Street or Gamma Street. School will be right in front of you at either road's end.

HERSHEY TRACK & FIELD YOUTH PROGRAM

The Hershey Youth Program has been a national event and now a North American event for over 25 years. This program is free and open to youth ages 9 to 14. Running events include 50, 100, 200, 400, 800, and 1600 meter. Field events include the standing long jump and softball throw. The Hershey Track and Field event is designed to encourage physical fitness, participation and sportsmanship for all youth. If you have any question about the Hershey Track and Field Program. Please feel free to call Dennis Cook, Washington State Chairperson, Hershey Track & Field Program at 206-684-7094.

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