

# Welcome to the City of Renton Employee Assistance Program (EAP)

**Our program is confidential and covers employees, spouses, domestic partners, and children up to age 26. City of Renton provides you EAP services free of charge (no co-pay, deductible or premium).**

You can use EAP services to solve a wide range of concerns and problems:

- Marital and family issues
- Depression and anxiety
- Problems with substance abuse
- Problems with gambling
- Balancing work and home
- Personal/family concerns

Your EAP is available 24 hours per day, 7 days per week. Simply call (800) 777-4114 and a Customer Service Representative will assist you. The EAP provides up to 4 face to face visits with a Licensed Mental Health Provider who is skilled in assessing your concerns. If preferred you may request an online appointment at [www.FirstChoiceEAP.com](http://www.FirstChoiceEAP.com).

## We Invite You To Explore Our Online Tools And Resources

Go to [www.FirstChoiceEAP.com](http://www.FirstChoiceEAP.com) and click on the Work/Life Resources button.

**username: cityofrenton**

**password: employee**

You can search a vast electronic library for information, tools and resources: legal forms, financial information, pet care, parenting solutions, health and wellness, family matters, daycare information, eldercare, and much more.

## Enhanced Work Life Services

**Legal Services:** You can talk with an attorney for up to 30 minutes at no charge. Should you decide to retain the attorney, you will receive a 25% discount off the attorney's standard hourly fees (work related issues are not covered).

**Financial Services:** You may speak with a financial professional by phone for up to 60 minutes at no charge for debt management issues, credit card education/consultation and budgeting advice (investment advice is not provided).

### ID Theft and Fraud Resolution:

This benefit can help protect you from theft, fraud, or assist you should you become a victim of a fraud related crime.

### Childcare and Eldercare Consultation:

You will be connected with a childcare or eldercare specialist who can assist in arranging care or resources for your child or older parent regardless of their location in the U.S.

