

September 2019 Menu - Renton Senior Activity Center

*Our home style meals are prepared on-site and made fresh daily.
Sometimes we must make substitutions. Milk is offered at every meal.*

Questions? Please contact Chef and Site Coordinator Charles Turner of Sound Generations at (425)-254-1128

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CENTER CLOSED LABOR DAY CENTER CLOSED	Chicken Teriyaki Over Rice Asian Vegetables, Bread w/Butter, Mandarin Oranges	Sausage w/ Cabbage & Peppers Rice w/Gravy Honey, Butter, Cornbread, Peaches	Turkey Spinach Salad w/Red Onion, Feta Cheese, Italian Dressing, Croutons, Warm Bread, Fruit	Clam Chowder & 1/2 Turkey Sandwich w/Lettuce & Tomato, Fresh Green Salad, Peaches
9	10	11	12	13
NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED
16	17	18	19	20
NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED	NO LUNCH DINNING ROOM CLOSED
23	24	25	26	27
Sloppy Joes On Bun Fresh Green Salad w/Dressing, Seasoned Green Beans, Fruit	Beef Soft Shell Taco w/Salsa, Sour Cream, Mexican Cheese, Tomato, Lettuce Fresh Fruit	Beef Stroganoff w/ Egg Noodles Buttered Bread, Fresh Green Salad w/Dressing, Pears	French Dip on Hoagie Roll w/Au Jus, Broccoli Crowns, Potato Salad, Applesauce	Vegetable Minestrone Soup w/Cornbread, Fresh Green Salad w/ Dressing, Fruit
30				
Creamy Tomato Soup & ½ Turkey Sandwich & Swiss on Wheat, Lettuce & Tomato, Fresh Fruit			We accept Cash Check or EBT Cards Please Have Correct Change	A \$4 donation is suggested for diners 60 and older Persons under 60 can enjoy a meal for \$10

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