

SENIORS

Catholic Community Services – Chore Services
1-888-649-6850 www.ccsww.org Volunteer assistance with household chores, transportation, yard work, etc. to low income elders and adults with disabilities.

Sound Generations – Meals on Wheels

206-448-5767 www.soundgenerations.org Home delivered meals to homebound seniors over 60 years old and disabled persons under 60 years old.

Community Dining – Nutritious (from scratch), hot lunch program Mon-Fri 11:30am, at Renton Senior Activity Center, call 425-254-1128 for info and reservations.

*Hyde Shuttle 206-727-6262 - Call for details.

*Senior Information and Assistance 1-888-435-3377

HOMELESS SERVICES

FOOD

*REACH – Meal Coalition 425-209-0594

www.reachrenton.org/renton-meal-coalition.html

Support and the following meals:

Warm Dinner: Fri.-Sun. (5:30pm-6:30pm) and

Warm Breakfast Mon.-Fri. (8:00am-10:00am).

Salvation Army Food Bank / Community Supper

425-255-5974 720 S. Tobin, Mon.-Thurs. 5:30-6:30pm

MEDICAL/DENTAL

Seattle King County Mobile

No fee, walk-in care for anyone experiencing homelessness or homeless in the last year.

—**Medical Van:** 2nd & last Thursday of the month, 3:30pm-7:30pm at 720 S. Tobin St., Renton

—**Dental Van:**—last Thursday of the month, 3:30pm-7:30pm at 720 S. Tobin St., Renton

Valley Cities Counseling and Referral – Homeless Outreach

253-833-7444 www.valleycities.org

Outreach-based behavioral health, substance use, and community linkage services; and increased access to healthcare for people in Renton experiencing homelessness.

SHELTER

Friends of Youth / Youth and Young Adult Shelter

www.friendsofyouth.org/homelessServices.aspx

•24-hour under-18 Shelter Hotline: 206-236-5437

•24-hour King County Safe Place Line: 800-422-8336

•Young Adult Overnight Shelter: 425-449-3868

•Transitional Living Intake Line: 206-409-6009

Youth-only shelter for young people dealing with a family crisis or currently homeless.

Catholic Community Services-Arise Homeless Shelter

253-854-0077 <http://www.ccsww.org>

Case management support, tailored to each individual's needs and strengths, and connecting people to resources.

Kent intake Monday-Friday 1:00pm-2:00pm

Renton—Wed. 1:00pm-3:00pm by appointment

Multi-Service Center Shelter and Transitional Housing

- Access to services by calling 2-1-1.

Nexus Youth and Families / Arcadia House

253-939-2202 www.nexus4kids.org

Safe drop-in center for youth and young adults, and overnight emergency shelter for young adults. Help accessing resources, meeting basic needs, and connecting with supportive adults.

*REACH-Center of Hope 425-277-7594 Day & night shelters. Intake Mondays-Fridays 7:30am-4:00pm.

Way Back Inn 206-682-7382 www.way-back-inn.org

Transitional housing for homeless families.

YWCA Emergency Housing

– Access to services by calling 2-1-1. Provides Emergency shelter for homeless families.

YOUTH OUTREACH

Friends of Youth / Outreach and Drop-In Services

for Homeless www.friendsofyouth.org 425-298-

4846 Referral information, crisis intervention, case management services of homeless youth, and more.

City of Renton Human Services Resource Guide 2019-2020

Supported by City of Renton funds to assist Renton Residents, unless marked with *



RENT & UTILITY ASSISTANCE

Catholic Community Services – Emergency

Assistance Services 253-850-2523 www.ccsww.org

May provide food/utility assistance on a one-time only basis. Call Fridays 10:00am-12:00pm. Also provides non-perishable food bags & bus tickets once a month.

Multi-Service Center – Emergency Financial

Assistance Program 253-893-0024 www.mschepls.org

Emergency, one-time assistance for homeless prevention and utility bill assistance (no move-in, or damage deposit help). Rental: Limited, one-time rent assistance to Federal Way, Kent, Renton, and SeaTac residents. Utility Assistance available to Kent, Renton, and SeaTac residents. Call Tuesdays between 9:00am-12:00pm for appointment.

St. Vincent de Paul Seattle King County – Emergency

Assistance 206-767-6449 [svdpseattle.org/our-](http://svdpseattle.org/our-programs)

[programs](http://svdpseattle.org/our-programs) Assistance to Renton residents with rent and utilities to prevent eviction and homelessness. Limited rental and utility assistance. Call between 9:00am-3:00pm. Closed in July.

CHILDREN / TEENS / PARENTING

Communities in Schools of Renton

425-430-6659 renton.ciswa.org

Site Coordinators work with at-risk students, families, and schools to provide students with the resources they need to stay in school.

Mentors work with students at risk of academic failure in elementary and middle school.

Family Development – PACT (Parents & Children

Together) 253-874-3630 www.institutefamily.org

In-home based intervention to families at risk of CPS

involvement. Focus on improving family functioning/parenting skills.

Issaquah School Foundation / VOICE Mentor Program

425-391-8557 isfdn.org Mentors work with Issaquah School District students to increase performance and self-esteem, develop critical social skills and reengage them in their school.

Renton Area Youth Services – RAYS UP 206-772-2050

www.rays.org One-on-one coaching, social, emotional skills groups, and out-of-school activities.

CLOTHING

Renton Kiwanis Clothes Bank 425-271-5091

www.rentonkiwanisclothesbank.org Free, clean wearable clothing to needy children and families in the community. 300 Rainier Ave. N, Renton Monday-Thursdays 1:00pm-5:00pm.

*DEPT. OF SOCIAL & HEALTH SERVICES

DSHS 1-877-501-2233 Apply for cash benefits and EBT (food) cards, and child care. Applications may be done via phone from 8:00am-5:00pm, Monday-Friday.

The Renton office located at 500 SW 7th Street, #B, provides walk-in services weekdays from 8:00am-5:00pm. Customers who check in by 2:00pm will be served that day.

—To replace an EBT card, call 1-888-328-9271.

DISABILITIES

Bridge Disability Ministries 425-885-1006

bridgemin.org **Medical Equipment Center** provides used durable medical equipment such as wheelchairs and walkers. Open Mon-Thurs 9:30am-6:00pm, Fri-days 9:30am-1:30pm; message phone 425-885-1008.

Children’s Therapy Center 253-854-5660
www.ctckids.org Physical, occupational and speech therapy for young children with neuro-developmental disabilities.

DOMESTIC VIOLENCE / SEXUAL ASSAULT

Domestic Abuse Women’s Network
www.dawnrising.org
—**Community Advocacy Program 425-656-4305**
Community Advocates provide one-on-one advocacy, peer support groups and youth prevention programs.
—**24-hour Crisis Line 425-656-STOP(7867) or 1-877-465-7234** Offers a 24-hour crisis line to victims of domestic violence.
—**Confidential Shelter 425-656-7867** for Renton Residents

King County Sexual Assault Resource Center 1-888-99VOICE (1-888-998-6423) www.kcsarc.org
Provides crisis intervention counseling support, legal, medical information, and advocacy to victims of sexual assault.

Lifewire – Services for Survivors of Domestic Violence 425-746-1940 www.lifewire.org
Provides safety planning, resource referral, 24-hr helpline, adult/teen/child support groups, mental health therapy, legal advocacy, assistance with landlords, and support for children.

YWCA of Seattle King County 425-226-1266 (Renton office) www.ywcaworks.org/programs
—**YWCA Domestic Violence (DV) Children’s Program** Provides a 10 week education/skill based curriculum for children ages 3-18 and non-abusive caregivers in their home.
—**YWCA Domestic Violence Community Advocate** Provides Domestic Violence counseling, legal advocacy, and support groups.

EDUCATION

***Renton School District 425-204-2300**
www.rentonschools.us Main number for information on all school district services.

***Renton School District McKinney Vento Homeless Assistance 425-204-2431** www.rentonschools.us
Education support for homeless students. Get help enrolling in school, transportation to school, or barriers to succeeding in school.

EMPLOYMENT

Aerospace Joint Apprenticeship Committee / Advanced Manufacturing Prep (APM) Training Center 206-764-7940 www.ajactraining.org/apprenticeship/pre-apprenticeships/ Provides pre-apprenticeship and apprenticeship training in manufacturing and career navigation.

Orion 253-661-7805 www.orionworks.org Vocational services including skills training, vocational counseling and one-on-one assistance to link with employers and retain employment.

Partner in Employment 206-429-3824 www.partnerinemployment.com Helps refugees and immigrants to connect with resources, overcome barriers to employment, and access family wage jobs.

Puget Sound Training Center 425-656-5950 www.pstrainingcenter.com Employment services including customized skills training, intensive one-on-one case management, career coaching, job placement assistance, and workshops to improve life skills and job readiness.

FOOD

Margie Williams Helping Hands 425-255-1446 www.mwhh.org Distributes food on Saturdays, 8:00–11:00am to low income families/others in need.

Salvation Army Food Bank 425-255-5969 Mon-Fri, 8:30am-12:00pm & 1:00-4:00pm 206 S Tobin, Renton

IMMIGRANT / REFUGEES

Mother Africa / SAFARI Building Sustainable Alliances for African Refugees and Immigrants 253-277-7625 www.motherafrica.org Case management, referrals to resources, and assistance to navi-

gate education, health, & social /immigration systems.

Refugee Women’s Alliance (ReWA) – Family Support Program 206-957-2029 www.rewa.org Multicultural and multilingual case management, advocacy, comprehensive employment services and vocational training, ESL, housing & emergency assistance, and immigration services to refugee and immigrant families.

St. Vincent de Paul Seattle King County—Centro Rendu 253-499-4245 svdpseattle.org/centro-rendu
Culturally responsive education and case management services to low-income Latino families.

Ukrainian Community Center of WA 425-430-8229 uccwa.us
—**Crisis Family Intervention** Professional Mental Health Counseling & Parenting Education Sessions in a culturally and linguistically appropriate manner.
—**Refugee Assistance** Provides Cultural Orientation and Intensive Case Management Services to Russian/Ukrainian speaking refugees and immigrants.

West African Community Council / Immigration Legal Program 206-349-0892 www.waccofseattle.com
Housing advocacy, financial assistance/education, family counseling, referrals to community resources, tutoring, computer classes, after school programs, food assistance, immigration advocacy, school advocacy, career development and fair wage/employment advocacy.

INFORMATION AND REFERRAL

Crisis Clinic Community Information Line 206-461-3222/ 2-1-1/ 1-800-621-4636 www.211KingCounty.org Comprehensive listing of social services available in King County. Provides information and referrals to services. 2-1-1 is the entry point for homelessness housing services.

24-Hour Crisis Line 206-461-3222 or 866-4-CRISIS (866-427-4747): Free, confidential crisis intervention and support services to anyone in emotional crisis or needing help in King County.

WASHINGTON POISON CONTROL 800-222-1222

LEGAL ASSISTANCE

King County Bar Foundation – Neighborhood Legal Clinics 206-267-7070 www.kcba.org Free, limited legal advice and referrals for low income residents. Services in Renton at downtown library on Tuesdays, 6:30pm-8:30pm. Call Tues-Thurs, 9:00am-12:00pm to make an appointment. Civil legal issues only.

MEDICAL / DENTAL CARE

Cedar River Clinics 800-572-4223 www.cedarriverclinics.org Services include abortion, birth control, well woman, and LGBTQ Wellness. Assistance available for reproductive health care needs.

HealthPoint – Dental Care www.Healthpointchc.org 253-796-4071 (Kent) 206-839-3600 (Tukwila)
Dental services to all residents, regardless of insurance status or ability to pay. Sliding fees available for low income residents. Dental facilities are located in Auburn, Des Moines, Federal Way, Kent, Redmond, and Tukwila.

HealthPoint – Primary Medical Care & Natural Health www.Healthpointchc.org 425-226-5536 (Renton) 253-852-2866 (Kent)
Primary medical care to all residents, regardless of insurance status or ability to pay. Sliding fees available for low-income residents. Primary medical care clinics are located in Auburn, Bothell, Federal Way, Kent, Des Moines, Redmond, Renton, SeaTac, and Tukwila.

MENTAL HEALTH

Renton Area Youth Services – Counseling 425-271-5600 www.rays.org School based culturally appropriate mental health counseling & prevention/education services to children and families in the Renton School District.