



DISTRACTED DRIVING

know the facts!

Distracted driving is the act of driving while engaged in other activities that take the driver's attention away from the road.

THERE ARE 3 MAIN TYPES OF *distraction*



visual

Taking your eyes off the road



manual

Taking your hands off the wheel



cognitive

Taking your mind off the road

POTENTIAL DISTRACTIONS WHILE DRIVING



cell phone



eating & drinking



GPS



talking to passengers

