Renton Senior Activity Center
October 2025 Menu

Check in 11:15am - lunch is served 11:30am to 12:00pm

Menu may be subject to change due to availability of products

MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
MILK AVAILABLE WITH ALL MEALS Thanks to Safeway, Sustainable Renton and the local food bank for donating their products to the Community Dining Program	A $5 donation is suggested for adults 60 years and older. Guests under 60 years can enjoy a meal for $10.	Macaroni and Cheese with Ham Mixed Vegetables Fruit .	Beef and Broccoli Rice Fruit	Tuna Melt Pea Salad Fruit
6	**7**	**8**	**9**	**10**
Teriyaki Chicken Mixed Vegetables Rice Fruit	Creamy Mustard Pork and Leek Casserole Spinach Salad Fruit	Roasted Red Pepper and Tomato Soup Toasted Cheese Sandwich Fruit	Greek Chicken Salad Pita Bread Fruit	***Indigenous People's Luncheon*** Baked Salmon w/ Dill Cream Sauce Quinoa Salad Broccoli Fruit
13	**14**	**15**	**16**	**17**
Ham and Spinach Quiche Maple Butter Carrots Fruit	Roasted Yam Enchilada Black Beans Cabbage Salad Fruit	Curry Chicken and Rice Casserole Roasted Vegetables Fruit	Lasagna Caesar Salad Fruit	Clam Chowder Oyster Crackers Garden Salad Fruit
20	**21**	**22**	**23**	**24**
Dijon Chicken Thighs Rice Pilaf Green Beans Fruit	Deli Sandwich Broccoli Salad Fruit	Thai Peanut Soup Rice Sauteed Spinach Fruit	Chicken Cobb Salad Garlic Bread Fruit	Beef Stew Green Salad Roll with Butter Fruit
27	**28**	**29**	**30**	**31**
Chicken Alfredo Penne Pasta Cucumber Tomato Salad Fruit	Beef Taco Salad Tortilla Chips Fruit	Sweet and Sour Pork Mixed Vegetables Rice Fruit	Veggie Breakfast Burrito Roasted Sweet Potatoes Fruit	Pumpkin Soup Cheese Quesadilla Black Bean Salad Fruit

* Special Luncheon, register in advance to ensure your space! *