

December 2016 Menu - Renton Senior Activity Center

*Our home style meals are prepared on-site and made fresh daily.
Sometimes we must make substitutions. Milk is offered at every meal.*

Questions? Please contact Chef and Site Coordinator Charles Turner of Sound Generations at (425)-254-1128

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
We accept cash , check or EBT cards Please have correct change available.	We Welcome your feedback. Please fill out a comment card!		Lasagna Italian Vegetables Spinach Salad w/Dressing Garlic Bread Peaches	Beef & Bean Chili Green Salad w/Dressing Cornbread Applesauce
5	6	7	8	9
Open Faced Turkey Sandwich Mashed w/Gravy Mixed Roasted Vegetables Pears	Sloppy Joes Baked Beans Green Salad w/ Dressing Mandarin Oranges Mitten Tree Day	Curry Chicken w/ Rice Peas & Carrots Green Salad w/ Dressing Tropical Fruit	Hearty Vegetable Soup Green Salad w/ Dressing Cornbread Pears	Clam Chowder & Half Turkey Sandwich w/Lettuce & Tomato Mandarin Oranges
12	13	14	15	16
Pork Loin Roast Mashed Potatoes w/Gravy Mixed Vegetables Peaches	Beef Stroganoff Over Noodles Green Salad w/Dressing Bread w/ butter Applesauce	German Sausage w/ Peppers & Cabbage Roasted Potatoes Green Salad Pears	Meatloaf Mashed Potatoes Broccoli Roll Baked Apple	Chicken Noodle Soup w/ Peas & Carrots Green Salad Bread Peaches National Chocolate Day
19	20	21	22	23
BBQ Chicken Sandwich Coleslaw Baked Beans Mandarin Oranges	Tomato Soup & Half Roast Beef Sandwich Cole Slaw Pears	Sliced Ham Green Beans & Carrots Mashed Potatoes Peaches HOLIDAY LUNCHEON	Broccoli Quiche Green Salad w/Dressing Mandarin Oranges	<i>Center is open, but there is no lunch today.</i> 
26	27	28	29	30
<i>No Lunch— Center is Closed</i> 	<i>No Lunch— Center is Closed</i> 	Chicken Caesar Salad Tomato Soup Bread w/ Butter Tropical Fruit	BBQ Pulled Pork Sandwich Baked Beans Cole Slaw Mandarin Oranges	Chicken & Sausage Gumbo Over Rice Green Salad w/ Dressing Pears

Updated 12/1/2016